



Portuguese Food and Wine Tour Itinerary

Though Portugal is a small country, its 26 wine regions, endless Atlantic coastline and abundance of farmland make it a gastronomic powerhouse. Taste the best that the country has to offer, starting with petiscos and Michelin stars in Lisboa, local cheese, meats and wine in the Alentejo and central Portugal, and ending with robust reds, light whites, fabulous seafood and port wine in the Douro Valley and Porto. Don't miss a bite on this foodie dream tour!

Day 1 Lisboa

Spend the day at your leisure to recover from your journey and get on Lisboa time. Once you feel good and refreshed, enjoy a delicious petiscos dinner, full of small plates of Portuguese delicacies.

Day 2 Lisboa

Get to know the most charming parts of Lisboa with your private guide. Visit the Castle of Saint George, the extraordinary Belem, Baixa, Alfama and Chiado neighborhoods, and many marvelous monuments. After some time to rest, tuck into a spectacular dinner at a Michelin star restaurant.

Day 3 Lisboa and Estremoz

Set off towards Estremoz, one of the Alentejo region's most charming towns, where you may explore pre-historic relics and Roman ruins before being treated to a private wine tasting at a local quinta. End the visit over a traditional lunch with the owner before heading back to Lisboa.

Day 4 Lisboa, Batalha, Coimbra and Penalva do Castelo

The first stop on your journey north is the stunning city of Batalha where you will visit its 14th century Gothic monastery. Next, you will visit Coimbra's university campus, cathedral and Roman Aqueduct. Your day will finish in Penalva do Castelo, where you check into your hotel, one of the most beautiful palaces in Portugal.

Day 5 Penalva do Castelo, Salamanca and the Douro Valley

Cross the border into Spain for a day trip to Salamanca. Enjoy a guided tour of the ancient city, visiting the gorgeous university's grounds and the old town, a UNESCO World Heritage Site. Next, head to the International Douro region to taste and learn about the area's best wine and food, and even make your own cheese.





Day 6 Penalva do Castelo, Viseu and Douro Valley

Be transported back to the Middle Ages in the city of Viseu, where you may visit the 13th century Gothic cathedral and churches and sample local delicacies, such as rich Dão wines and smoked meats. After a day of indulgence, head to the Douro Valley to check into your luxurious hotel.

Day 7 Douro Valley

The sublime Douro Valley unfolds around the rushing river of the same name, and produces some of the peninsula's best wine. Explore it by boat today, where you will have the best views of the incredibly diverse landscape. Stop off for a wine tasting at a magnificent vineyard, and finish the visit with a taste of the area's best dishes.

Day 8 Douro Valley

The Douro Valley produces some of the peninsula's best wine. Explore it by boat today, where you will have the best views of the incredibly diverse landscape. Stop off for a wine tasting at a magnificent vineyard, and finish the visit with a taste of the area's best dishes.

Day 10 Douro Valley and Porto

Set off towards the coast, stopping at a grand quinta for a private wine tasting on the way. Once you reach Porto, Portugal's second biggest city, you will check into your palatial hotel and take advantage of its excellent selection of wines, as well as its proximity to the best cellars in the city.

Day 11 Porto

Visit Porto's remarkable 13th century Saint Francis Church, the Romanesque cathedral and the Neoclassical Stock Exchange. Next, head to the best port wineries for tastings and an inside look at the local winemaking process.

Day 12 Porto

Departure

